

Drug Education for Families

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Director Hudson and Union County
Mental Health Association in NJ



Drug Classifications

Illicit Drug Impact

History of Drug Laws

Addressing Illicit Substance Abuse





Central Nervous System Depressants

What are CNS Depressants?

01

Definition

CNS depressants are drugs that slow brain activity, commonly used to treat anxiety, panic, and sleep disorders.

02

Types of CNS Depressants

Examples include diazepam (Valium), clonazepam (Klonopin), alprazolam (Xanax), and triazolam (Halcion).

03

Origin and Illicit Drugs

Other CNS depressants include meprobamate, methaqualone (Quaalude),

Mechanism of Action

Brain Function

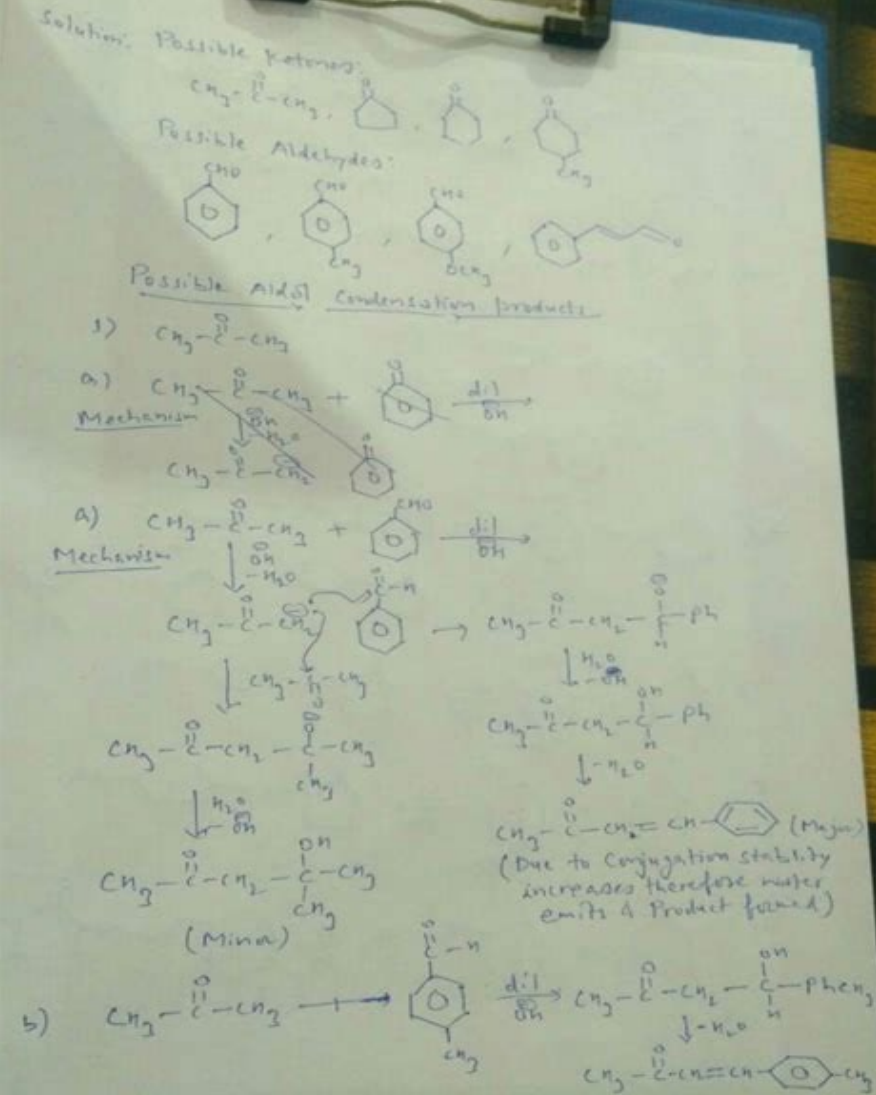
CNS depressants work by slowing down the function of the brain, leading to a calming effect.

Effects

They can induce relaxation, reduce anxiety, and promote sleep.

Risks of Misuse

Misuse of CNS depressants can lead to addiction, overdose, and severe health complications.



Dangers and Risks

01

Health Risks

Misuse of CNS depressants can result in respiratory depression, coma, and even death.

02

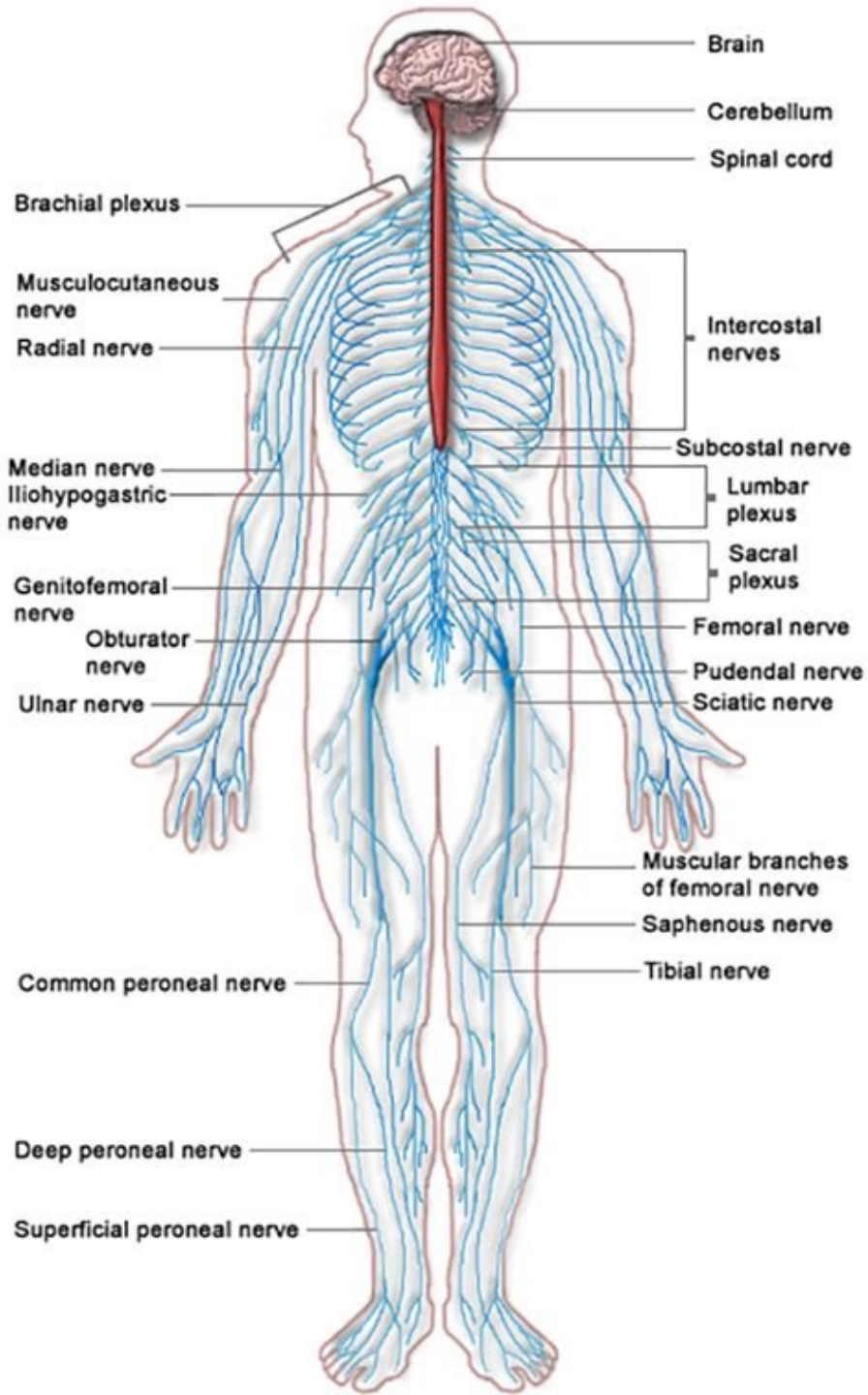
Addiction Potential

Prolonged use can lead to physical and psychological dependence.

03

Legal Implications

Illicit use of CNS depressants can lead to legal consequences and criminal charges.



Impact on the Central Nervous System

Neurological Effects

CNS depressants reduce the activity of the central nervous system, affecting cognitive and motor functions.

Long-Term Consequences

Prolonged use can lead to memory impairment, cognitive decline, and neurological damage.

Public Health Concerns

Illicit CNS depressants pose a significant risk to public health and safety.

Alcohol



Definition and Types of Alcohol

01

Alcohol Definition

Alcohol, also known as ethanol, is a central nervous system depressant that can lead to changes in mood, behavior, and self-control.

02

Types of Alcoholic Beverages

Alcoholic drinks include beer, wine, and spirits, each containing varying levels of alcohol content.

03

Alcohol Chemistry

It is an organic compound with a hydroxyl group bound to a carbon atom, and its intoxicating effects are well-documented.

What are some Health Risks
Associated with Alcohol????



MAKING SENSE OF YOUR HEALTH RISKS

What did you hear?

- A family member has a genetic disease
- There is a disease outbreak
- An ad for a new drug is on TV
- Some foods are good for you
- I got my genetic testing kit results
- A friend told me...

Are you worried?

Being at risk doesn't mean that something will definitely happen; it is just a possibility. Here are some questions to ask:

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WHAT is the source of this information? Can I trust it?

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WHEN would this apply to me - always, or just during certain times (such as during pregnancy, while traveling, or in infancy)?

HOW certain is this risk?

What does this mean to you?

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You could also say Disease X does not affect 80% of people, or 8 in 10 people.

So, think about the numbers both ways.

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Read health statements carefully to find, and understand, actual risk.

UNCLEAR:
"This drug reduces risk by half."

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"This drug reduces risk from 2% to 1%."

These both mean the same thing. Words like "half" or "double" can be alarming and potentially misleading. Look past those words for numbers and percentages that cite actual risk.

Take control!

If you learn you are at increased risk for a disease or condition, take control of the situation.

UNDERSTAND what risk factors you can, and can't, change

Many risk factors can work together to affect your overall health risk. Learning about them will help you decide how to take action.

DO your research
(educate yourself. Look at credible information sources, such as health.nih.gov.)

TALK to your health care provider
Write down questions before visiting.

Ask about your health risks, and tell your doctor how hearing this information makes you feel.

Speak up if you don't understand something. Don't leave with unanswered questions.

BUILD a support team
Ask family and friends to assist with research or doctor visits.

Contact a specialist.

Join a support group.

CAN'T CHANGE

- Age
- Family History
- Genes

MAY BE ABLE TO CHANGE

- Sleep
- Physical Environment
- Social
- Screening
- Diet
- Physical Activity
- Habits
- Safety

Health Risks Associated with Alcohol

Physical Health Impact

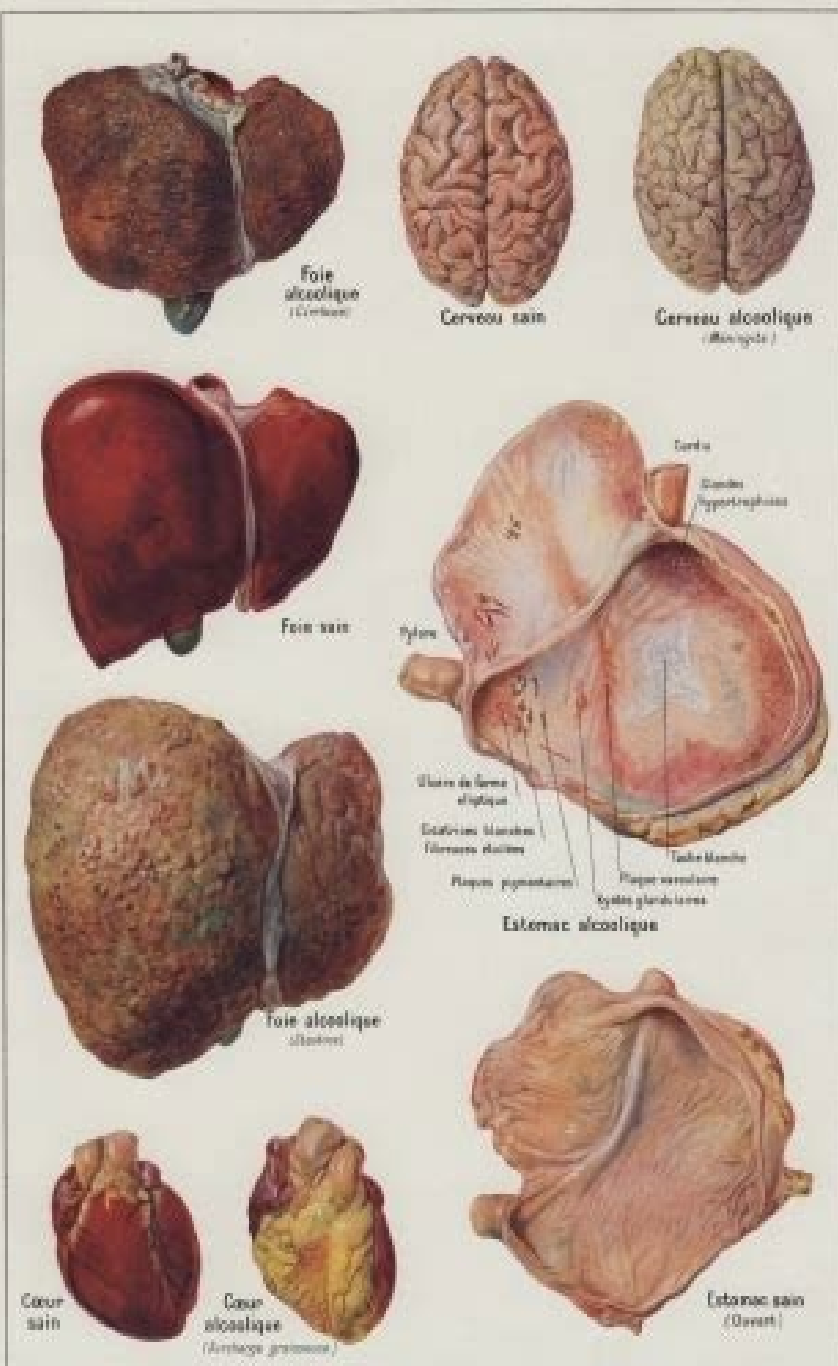
Excessive alcohol consumption can lead to a range of health problems, including liver diseases, cancer, and cardiovascular issues.

Mental and Behavioral Disorders

Alcohol use is linked to mental health issues, such as alcohol dependence and behavioral disorders.

Short-Term Effects

Drinking too much alcohol in a single occasion can result in injuries, violence, and other immediate health risks.



Action de l'alcoolisme sur les organes.

Alcohol's Impact on the Body

Central Nervous System Depressant

Alcohol's effects on the brain lead to a slowing down of brain activity, affecting mood, cognition, and coordination.

Organ Damage

Prolonged alcohol use can cause damage to vital organs, including the liver, heart, and pancreas, leading to severe health complications.

Long-Term Health Consequences

Chronic alcohol consumption is associated with a range of long-term health consequences, necessitating awareness and preventive measures.



Xylazine

Is Xylaxine Made for
Human
Consumption????

What is Xylazine?

01

Powerful Sedative

Xylazine, also known as “Tranq,” is a potent sedative approved for veterinary use by the U.S. Food and Drug Administration.

02

Illicit Use

Despite being intended for veterinary purposes, xylazine has increasingly surfaced in the illegal drug supply, posing a significant public health threat.

03

Link to Overdose Deaths

The presence of xylazine in illicit drugs has been associated with a rising number of overdose deaths, raising concerns about its impact on public health.

GUITAR FACE IS
POTENTIALLY DANGEROUS
IF YOU ARE DRIVING.
IF YOU ARE PLAYING
GUITAR WHILE DRIVING,
TRY NOT TO GET TOO
INTO IT!



The Dangers of Xylazine

Non-Approved for Human Use

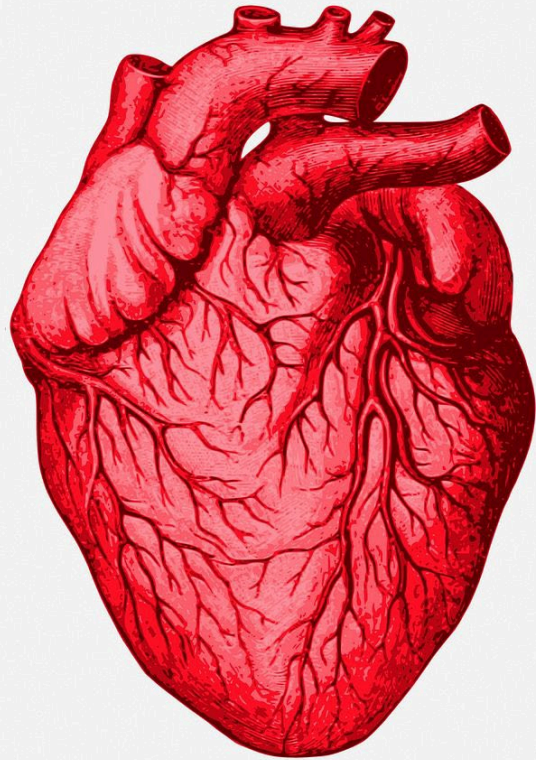
Xylazine is not approved for human consumption, making its presence in illicit drugs particularly hazardous.

Adulteration in Illicit Drug Mixtures

Xylazine has been reported as an adulterant in various illicit drug mixtures, contributing to the growing number of overdose deaths.

Health Risks

Health care professionals have been alerted to the risks associated with xylazine inclusion in illicit drugs, emphasizing the need for caution and awareness.



Xylazine-Associated Health Risks

Central Nervous System Depression

Xylazine can lead to depression of the central nervous system, causing slowed heart rate, reduced breathing, and sedation.

Wound-Related Risks

Xylazine-associated wounds may increase the risk of bacteremia, endocarditis, sepsis, limb amputation, and death.

Adverse Effects

Xylazine exposure can result in dangerously low blood pressure, slowed heart rate, and difficulty breathing, posing serious health risks.



Xylazine Exposure and Health Risks

Symptoms of Exposure

Exposure to xylazine can cause sedation, slowed heart rate, and difficulty breathing, leading to life-threatening situations.

Risk of Fatal Overdose

Xylazine significantly increases the risk of fatal overdose by depressing the central nervous system and reducing breathing.

Wound Formation

Chronic xylazine use by injection has been associated with severe, necrotic skin ulcers and abscesses, increasing the risk of bacteremia and sepsis.

Xanax



What is Xanax?

01

Prescription Medication

Xanax, or alprazolam, is a prescription benzodiazepine used to treat anxiety and panic disorders.

02

Sedative Properties

It acts as a central nervous system depressant, producing a calming effect on the brain and body.

03

Potential for Misuse

Despite its therapeutic benefits, Xanax carries a high risk of misuse and addiction due to its sedating effects.



Prevalence of Misuse

Growing Problem

Xanax misuse and addiction have been on the rise, contributing to the larger issue of benzodiazepine abuse.

Recent Data

Studies indicate a significant increase in the misuse of benzodiazepines, including Xanax, leading to serious health concerns.

Public Health Impact

The misuse of Xanax poses substantial risks to individuals, families, and communities, necessitating awareness and intervention.

What is a sign someone might be
misusing Xanax????

Signs and Symptoms

01

Physical Symptoms

Misuse of Xanax may lead to drowsiness, dizziness, slurred speech, and impaired coordination.

02

Psychological Effects

Users may experience confusion, memory problems, mood swings, and heightened anxiety.

03

Behavioral Indicators

Misuse can result in social withdrawal, secretive behavior, and neglect of responsibilities.



Health Implications

Physical Health Risks

Misuse of Xanax can lead to respiratory depression, overdose, and other life-threatening complications.

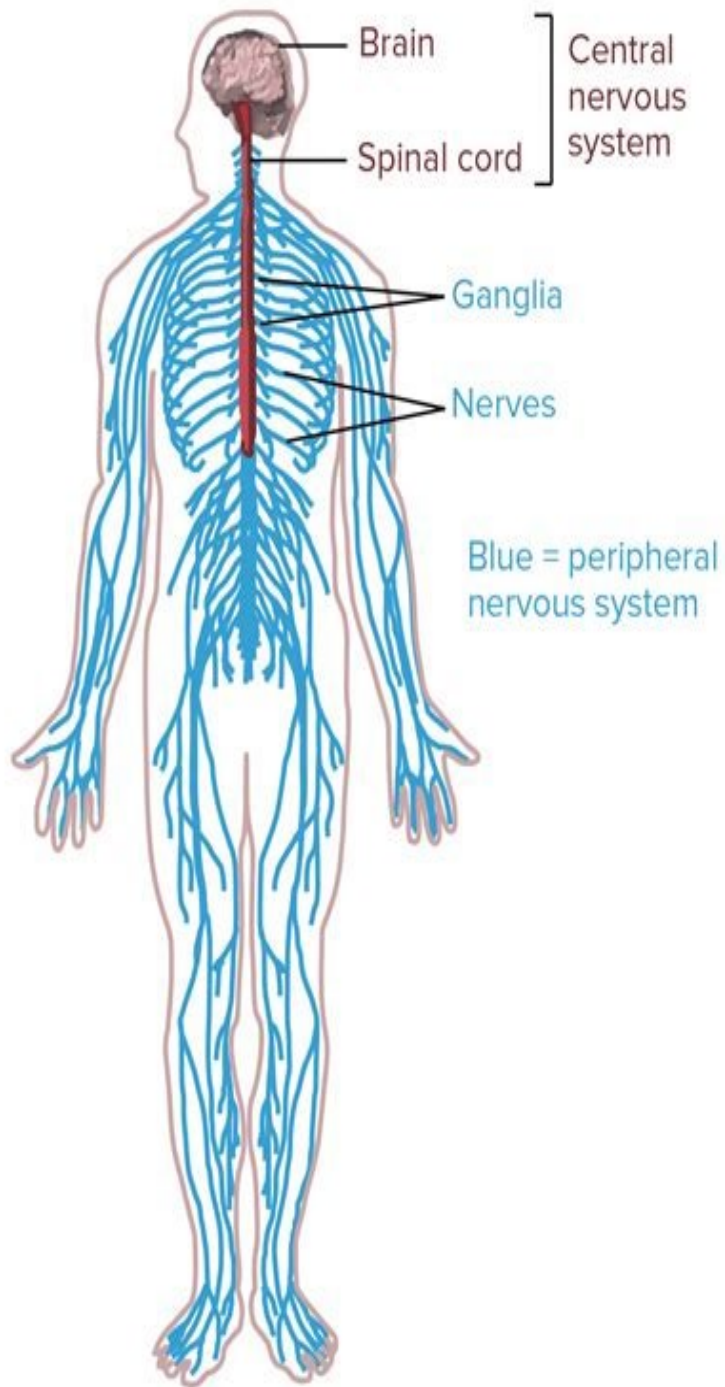
Mental Health Impact

Prolonged misuse may worsen anxiety symptoms, trigger depression, and lead to cognitive impairment.

Social and Occupational Consequences

Misuse can strain relationships, hinder academic or professional performance, and lead to legal issues.

Central Nervous System Stimulants



CNS Stimulants

Increased Alertness

CNS stimulants elevate heart rate and blood pressure, leading to heightened alertness and energy.

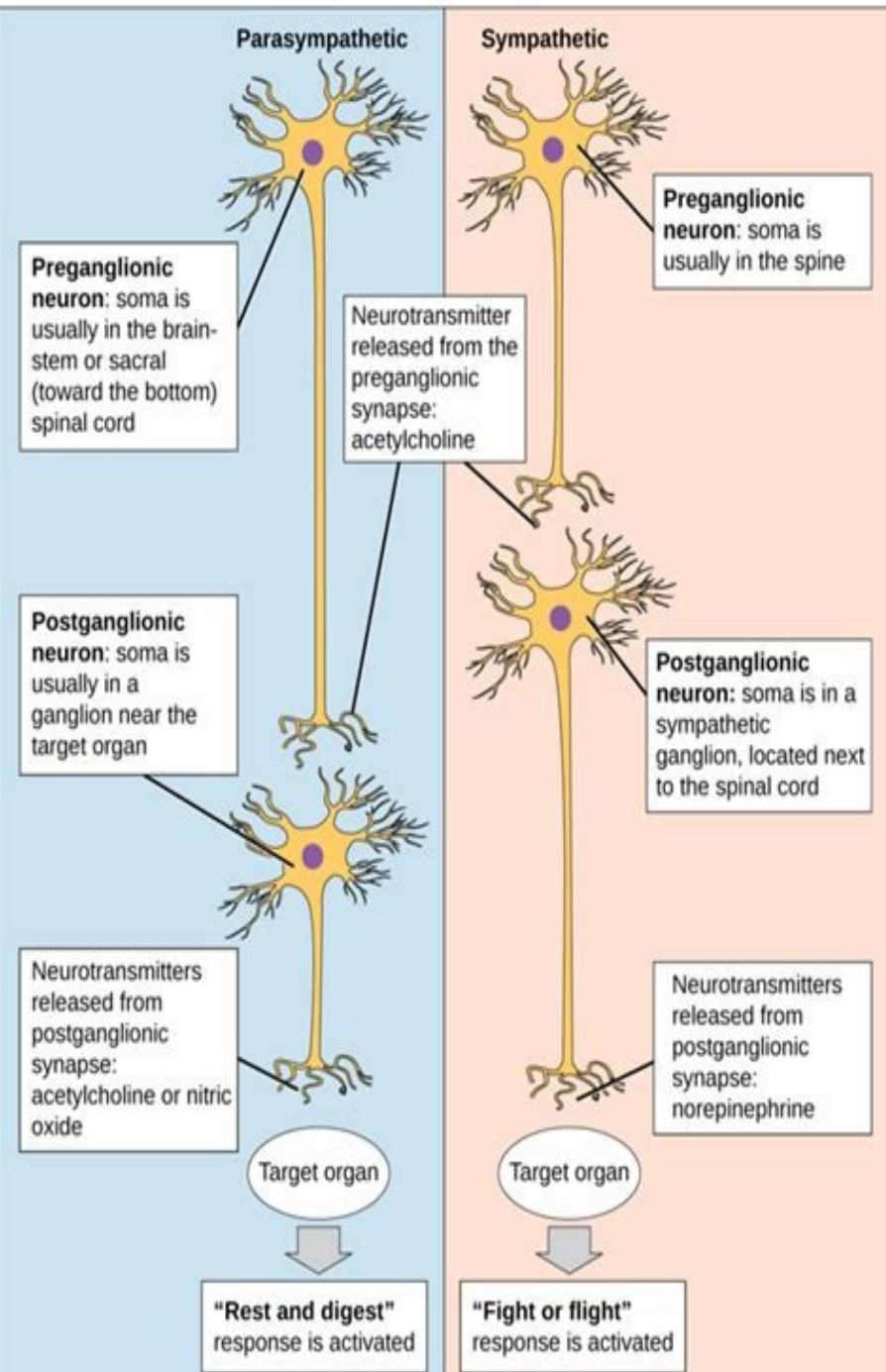
Common Types

Examples of CNS stimulants are cocaine, amphetamines, and methamphetamine.

Adverse Effects

Prolonged use can result in cardiovascular issues, paranoia, and severe psychological dependence.

Autonomic Nervous System



Types of CNS Stimulants

Amphetamines

This class includes drugs like Adderall and Dexedrine, which are widely prescribed for attention deficit hyperactivity disorder (ADHD) and narcolepsy.

Methylphenidate

Medications like Ritalin and Concerta fall under this category, also used to manage ADHD and narcolepsy.

Non-Amphetamine Stimulants

Drugs such as modafinil and armodafinil are alternative stimulants with distinct mechanisms of action and applications.



Impact on Health

Adverse Effects

CNS stimulants can lead to decreased appetite, anxiety, jitteriness, headaches, weight loss, and insomnia.

Severe Complications

Misuse can result in seizures, respiratory failure, hyperthermia, cardiovascular effects, and even death.

Toxic Exposure Symptoms

Restlessness, anxiety, irritability, and hyperactivity are common symptoms of toxic exposures to CNS stimulants.



Crystal
Methamphetamine

What is Crystal Methamphetamine?

01

Highly Addictive Substance

Crystal methamphetamine is a potent and highly addictive stimulant that affects the central nervous system.

02

Physical and Psychological Effects

It induces a rapid and intense high, leading to increased energy, decreased appetite, and a sense of euphoria.

03

Long-Term Health Impacts

Prolonged use can result in severe dental problems, skin sores, and significant weight loss.

Benzedrine and Early Methamphetamine Use



Early Medicinal Use

Methamphetamine was first synthesized in 1893 and used in nasal decongestants and bronchial inhalers.



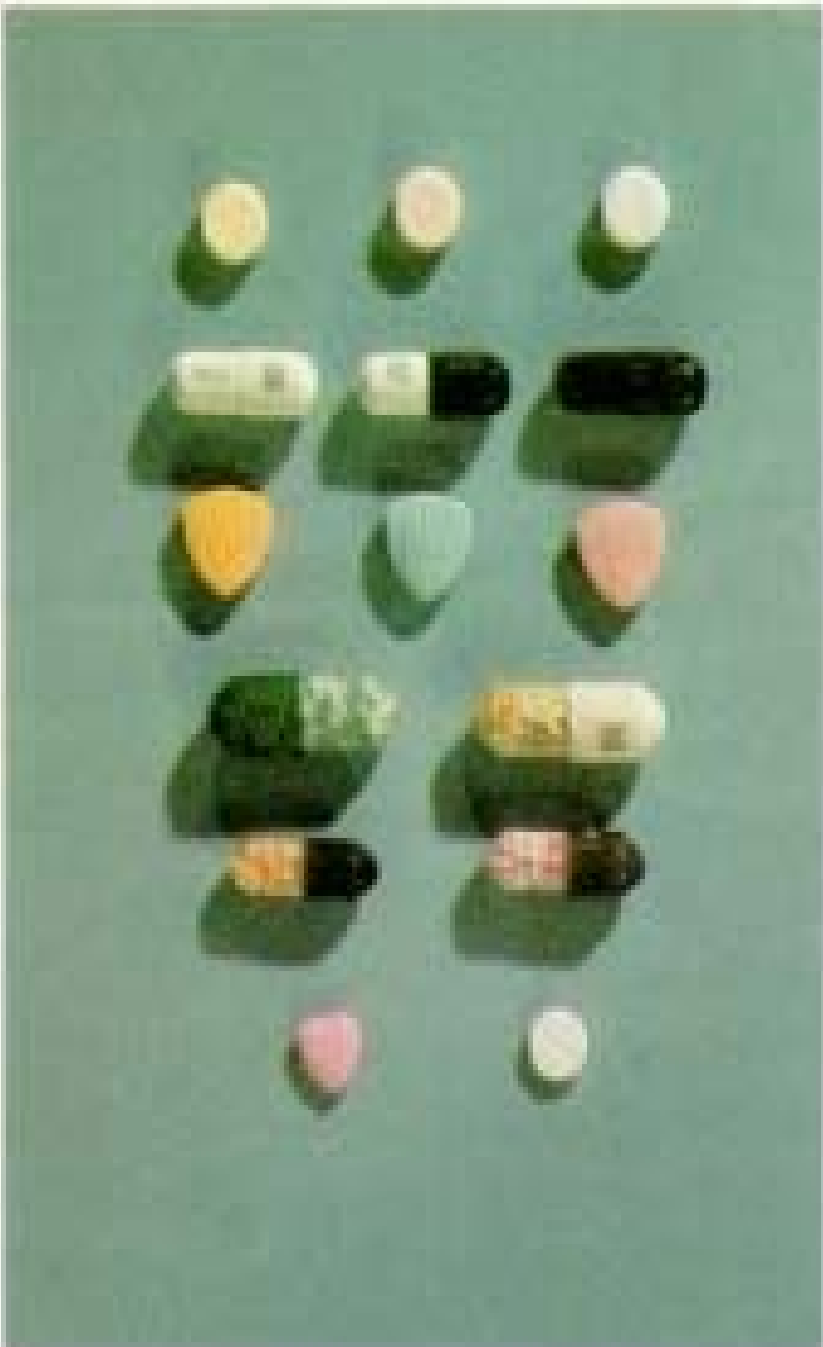
World War II

Methamphetamines were widely used by soldiers to combat fatigue and enhance performance during the war.



Post-War Recreational Use

The surplus of methamphetamines after the war led to recreational use and addiction.



Methamphetamine in the 20th Century

Medical Applications

Methamphetamine was prescribed for weight loss, depression, and attention disorders in the mid-20th century.

Rise of Illicit Use

The 1960s saw an increase in illicit production and distribution of methamphetamines.

Cultural Impact

Methamphetamine became associated with counterculture and recreational drug use.

Physical Health Deterioration

01

Dental Issues

Crystal methamphetamine use is associated with severe dental problems, including tooth decay and loss.

02

Skin Damage

Users may develop skin sores and experience rapid aging due to the drug's impact on blood vessels and skin health.

03

Nutritional Deficiencies

Prolonged use can lead to significant weight loss and malnutrition.



Mental Health Impacts

Psychosis and Paranoia

Crystal methamphetamine use can induce hallucinations, delusions, and extreme paranoia.

Anxiety and Depression

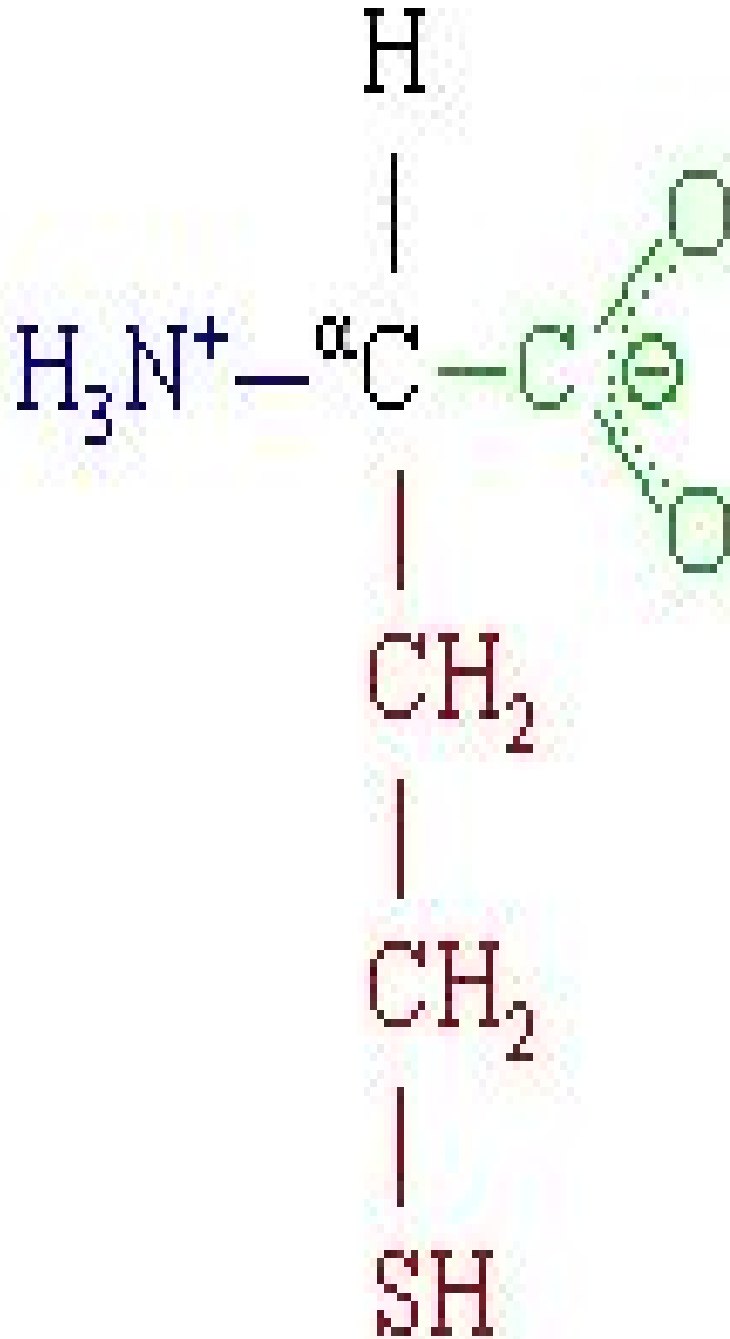
Users may experience severe anxiety, depression, and mood disturbances, leading to long-term mental health challenges.

Cognitive Impairment

Prolonged use can result in memory loss, cognitive decline, and impaired decision-making abilities.

Cocaine





Chemical Composition

Coca Plant Alkaloids

Cocaine is derived from the coca plant and is one of the primary alkaloids present in the plant.

Stimulant Properties

The chemical structure of cocaine allows it to act as a potent central nervous system stimulant, affecting neurotransmitter levels in the brain.

Addictive Potential

The chemical composition of cocaine contributes to its highly addictive nature and powerful euphoric effects.

Illicit Production and Distribution

01

Cocaine Extraction

The process of extracting cocaine from coca leaves involves several chemical steps, often carried out in clandestine laboratories.

02

Global Trafficking

Cocaine is trafficked worldwide, with major production centers in South America and distribution networks spanning the globe.

03

Social and Economic Impact

Illicit cocaine production and distribution have significant social and economic consequences, including violence, corruption, and environmental degradation.



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- Social
- Screening
- Diet
- Physical Activity
- Habits
- Safety

Health Effects and Risks

Short-Term Effects

Cocaine use can lead to increased heart rate, elevated blood pressure, and heightened alertness, along with feelings of euphoria and energy.

Long-Term Consequences

Chronic cocaine use can result in severe health issues, including cardiovascular complications, neurological damage, and addiction.

Public Health Concerns

The widespread use of cocaine poses significant public health challenges, including addiction treatment and harm reduction efforts.

Social and Behavioral Impact



Addiction and Dependency

Cocaine use can lead to addiction, causing individuals to prioritize drug use over other aspects of their lives.



Criminal Activity

The illegal nature of cocaine production and distribution contributes to associated criminal activities, including violence and organized crime.



Family and Community Disruption

Cocaine addiction can lead to strained relationships, financial instability, and community disintegration.



Hallucinogens

Hallucinogens

01

Altered Perception

Hallucinogens cause profound distortions in a person's perception of reality.

02

Substances

LSD, psilocybin (magic mushrooms), and MDMA are among the well-known hallucinogens.

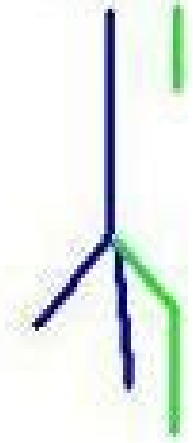
03

Psychological Impact

Users may experience intense visual and auditory hallucinations, leading to unpredictable behavior.

— -Trachea
— -Esophagus

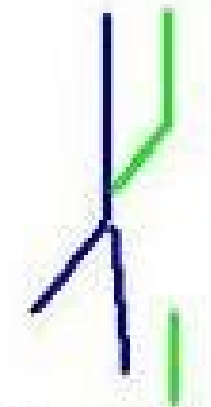
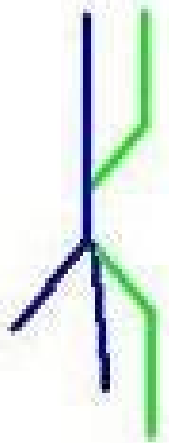
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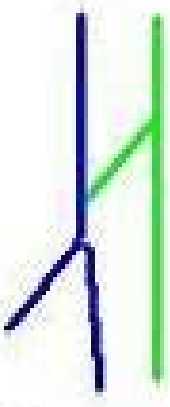
Type A



Type D



Type B



H-type

Types of Hallucinogens

Natural Sources

Hallucinogens can be derived from plants and fungi, such as psilocybin mushrooms and peyote cacti, or they can be synthetically produced.

Common Examples

LSD, psilocybin, mescaline, and DMT are some of the most well-known hallucinogenic substances.

Varied Effects

Different types of hallucinogens can produce a wide range of effects, from visual distortions to profound changes in perception and cognition.

Risks and Benefits

01

Potential Risks

Hallucinogens can lead to unpredictable and intense experiences, potentially causing anxiety, paranoia, and even psychotic episodes in some individuals.

02

Therapeutic Potential

Research has shown promising results for the use of certain hallucinogens in the treatment of mental health conditions, such as depression, anxiety, and PTSD.

03

Legal Status

The legal status of hallucinogens varies widely, with some substances classified as illegal drugs and others being explored for their therapeutic potential.

Psychological Effects

Emotional Intensity

Hallucinogens can evoke intense emotional states, ranging from euphoria and bliss to anxiety and fear.

Cognitive Flexibility

Users may experience enhanced creativity, novel thought patterns, and a sense of mental flexibility during the psychedelic experience.

Integration Challenges

Processing and integrating the insights gained from the psychedelic experience can pose challenges for some individuals.

Potential Risks of Hallucinogen Use

01

Psychological Distress

Hallucinogens can induce acute anxiety, panic, and paranoia, particularly in individuals predisposed to mental health conditions.

02

Hazardous Behaviors

Impaired judgment and distorted perception can lead to risky behaviors and accidents during the psychedelic experience.

03

Flashbacks and HPPD

Some individuals may experience persistent perceptual disturbances, known as hallucinogen persisting perception disorder (HPPD), following hallucinogen use.



MDMA

MDMA Overview

01

Stimulant and Hallucinogen

MDMA acts as both a stimulant and a psychedelic, producing an energizing effect and distortions in time and perception.

02

Synthetic Drug

MDMA is a synthetic drug that is known for its ability to enhance sensory perception and emotional experiences.

03

Common Street Names

MDMA is also known as Ecstasy, Molly, or Mandy, and is often found in pill or powder form with various logos and colors.



Historical Context

Popularity and Usage

MDMA, commonly known as Ecstasy, has been used by millions of people across the country, particularly in party and club settings.

Illicit Drug

It is important to note that MDMA is an illegal drug and is often taken recreationally for its psychoactive effects.

Risks of Adulteration

Drugs sold as MDMA may not contain any methylenedioxymethamphetamine (MDMA) and can be a mix of other substances, such as amphetamine or paramethoxyamphetamine (PMA).

Physical and Psychological Effects

01

Empathogen-Entactogen

MDMA is a potent empathogen-entactogen, known for its ability to produce feelings of empathy, emotional openness, and increased sociability.

02

Energizing Properties

Users experience increased energy, emotional warmth, and distorted sensory and time perception.

03

Potential Risks

Prolonged use of MDMA can lead to adverse effects on mood, memory, and other cognitive functions.

Health Implications

Neurotoxicity

MDMA has been associated with neurotoxic effects, particularly on the serotonin system, which can lead to long-term changes in brain function.

Psychological Risks

Chronic use of MDMA can result in depression, anxiety, and other mental health issues.

Addiction and Dependence

While MDMA is not considered as addictive as other substances, it can lead to dependence and withdrawal symptoms.

Short-Term and Long-Term Risks

Short-Term Effects

Immediate effects of MDMA use include increased heart rate, jaw clenching, nausea, and blurred vision.

Long-Term Consequences

Chronic use can lead to memory problems, cognitive deficits, and mood disturbances.

Polydrug Use

MDMA is often used in combination with other substances, increasing the risk of adverse effects and overdose.

```
//fires the appear event when appropriate
var check = function() {
  //is the element hidden?
  if (!t.is(':visible')) {
    //it became hidden
    t.appeared = false;
    return;
  }

  //is the element inside the visible window?
  var a = w.scrollLeft();
  var b = w.scrollTop();
  var o = t.offset();
  var x = o.left;
  var y = o.top;

  var ax = settings.accX;
  var ay = settings.accY;
  var th = t.height();
  var wh = w.height();
  var tw = t.width();
  var ww = w.width();

  if (y + th + ay >= b &&
      y <= b + wh + ay &&
      x + tw + ax >= a &&
      x <= a + ww + ax) {
    //trigger the custom event
    if (!t.appeared) t.trigger('appear', settings.data);
  } else {
    //it scrolled out of view
    t.appeared = false;
  }
};

//create a modified fn with some additional logic
var modifiedFn = function() {
  //mark the element as visible
  t.appeared = true;

  //is this supposed to happen only once?
  if (settings.one) {
    //remove the check
    w.unbind('scroll', check);
    var i = $.inArray(check, $.fn.appear.checks);
    if (i >= 0) $.fn.appear.checks.splice(i, 1);
  }

  //trigger the original fn
  fn.apply(this, arguments);
};

//bind the modified fn to the element
t.one('appear', settings.data, modifiedFn);
t.one('disappear', settings.data, modifiedFn);
```

Impact on Mental Health

01

Psychological Distress

MDMA use has been linked to increased anxiety, depression, and other mental health issues.

02

Psychiatric Disorders

Individuals with pre-existing mental health conditions may experience exacerbation of symptoms with MDMA use.

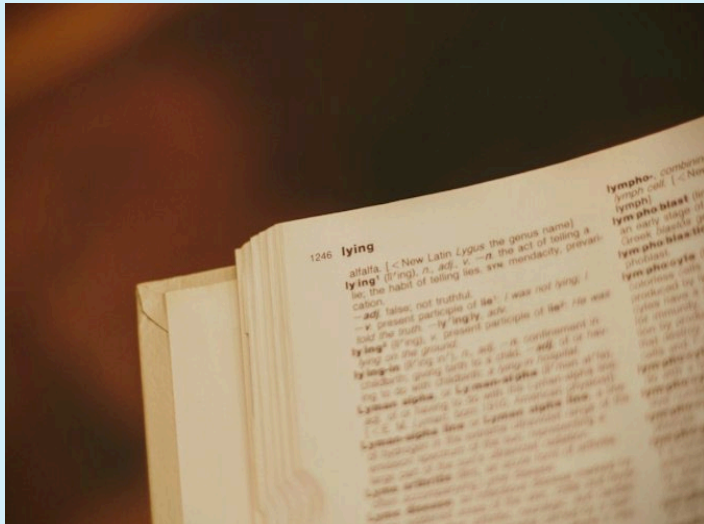
03

Therapeutic Potential

Despite the risks, there is ongoing research into the potential therapeutic benefits of MDMA for certain mental health conditions.

Narcotic Analgesics

Definition and Types of Narcotic Analgesics



Definition of Narcotic Analgesics

Narcotic analgesics, also known as opioids, are a class of medications used to manage moderate to severe pain.



Types of Narcotic Analgesics

They include natural opioids like morphine and codeine, semi-synthetic opioids such as oxycodone and hydrocodone, and synthetic opioids like fentanyl and tramadol.



Mechanism of Action

Narcotic analgesics bind to opioid receptors in the central and peripheral nervous systems, blocking pain signals and producing pain relief.

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Indications for Narcotic Analgesics

Management of Acute Pain

Narcotic analgesics are used to provide relief from acute pain due to injuries, surgeries, or medical procedures.

Treatment of Chronic Pain

They are also indicated for the management of chronic pain conditions such as cancer-related pain or severe musculoskeletal pain.

End-of-Life Care

Narcotic analgesics play a crucial role in palliative care to alleviate severe pain in terminally ill patients.



Narcotic Analgesics

Pain Relief

Narcotic analgesics are potent pain-relieving medications derived from opium or synthetic opioids.

Opioid Crisis

Opioids like heroin, fentanyl, and prescription painkillers contribute to a widespread public health crisis.

Overdose Risk

Misuse of narcotic analgesics can lead to respiratory depression and fatal overdoses.

Risks and Side Effects

01

Risk of Dependence

Prolonged use of narcotic analgesics can lead to physical dependence and addiction.

02

Common Side Effects

These may include drowsiness, constipation, nausea, and respiratory depression.

03

Overdose and Toxicity

Improper use or overdose of narcotic analgesics can result in life-threatening respiratory depression and even death.



Heroin

What is Heroin?

01

Derived from Morphine

Heroin is an opioid drug derived from morphine, a natural substance extracted from opium poppy plants.

02

Highly Addictive

Heroin is a rapidly acting opioid and is known for its highly addictive nature, leading to severe physical and psychological dependence.

03

Methods of Consumption

Heroin can be injected, snorted, or smoked, and its use has far-reaching repercussions beyond the individual user.

Heroin Manufacturing Process



Opium Poppy Cultivation

Heroin is derived from the seed pod of opium poppy plants, primarily grown in Southeast and Southwest Asia.



Morphine Extraction

The natural substance morphine is extracted from the opium poppy plants and further processed to create heroin.



Long-term effects of Heroin

Central

- Addiction
- Tolerance
- Dependence

Respiratory

- Pneumonia

Heart

- Infection of heart lining and valves

Circulatory

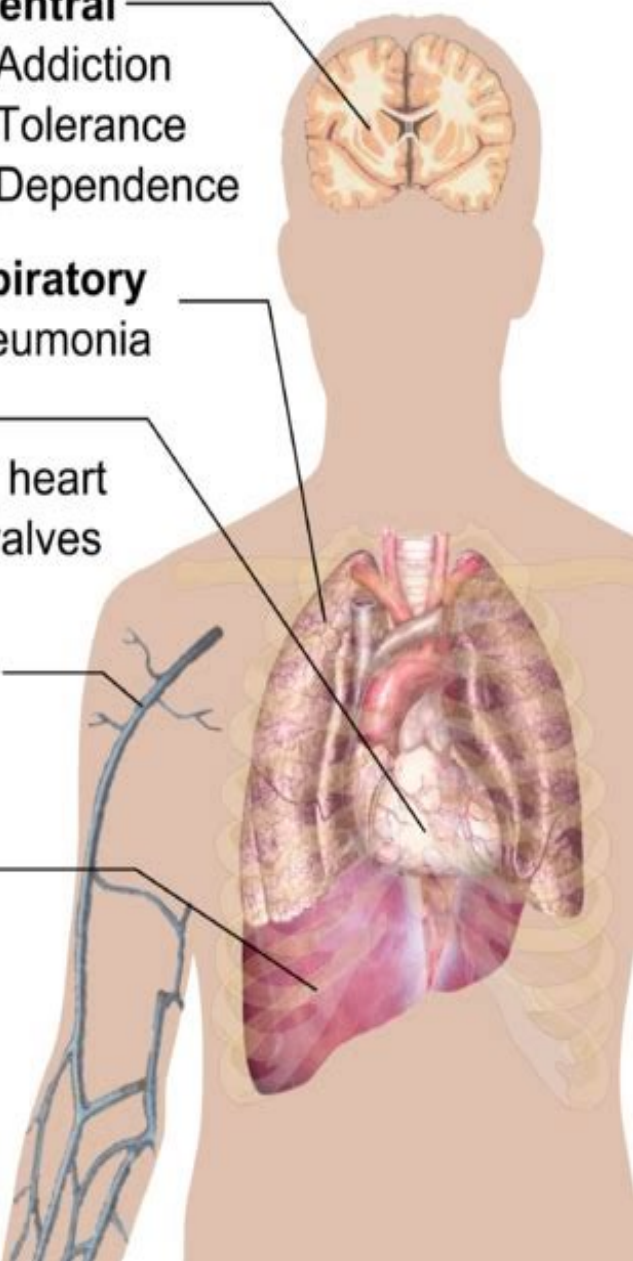
- Collapsed veins

Liver

- Decreased function

Systemic

- Abscesses



Heroin Use and Effects

Immediate Effects

Heroin use leads to a surge of pleasure and euphoria, followed by drowsiness, clouded mental functioning, and nausea.

Long-term Health Effects

Chronic heroin use can lead to collapsed veins, bacterial infections, abscesses, and liver or kidney disease.

Social Impact

Heroin addiction can have devastating effects on families, communities, and society at large.

Fentanyl



What is Fentanyl?

01

Potent Synthetic Opioid

Fentanyl is a synthetic opioid drug that is 50 to 100 times more potent than morphine, approved for use as an analgesic and anesthetic.

02

Medical Use

It is prescribed by doctors to manage severe pain, especially after surgery and for advanced-stage illnesses.

03

Risks and Dangers

Fentanyl poses a high risk of overdose and addiction due to its potency and potential for misuse.

BMC Women's Health

The Impact of Fentanyl

Public Health Crisis

Fentanyl contributes to the opioid epidemic, leading to a significant increase in overdose deaths.

Lethal Potency

Its high potency increases the risk of accidental overdoses, even in small amounts.

Synthetic Opioid Category

Fentanyl is classified as a synthetic opioid, with both pharmaceutical and illicit forms contributing to the crisis.

Fentanyl Abuse and Misuse

01

Illicit Production

Illegally manufactured fentanyl is often mixed with other drugs, increasing the risk of overdose.

02

Street Names and Forms

Fentanyl is sold under various street names and forms, including powder, pills, and counterfeit prescription drugs.

03

Impact on Communities

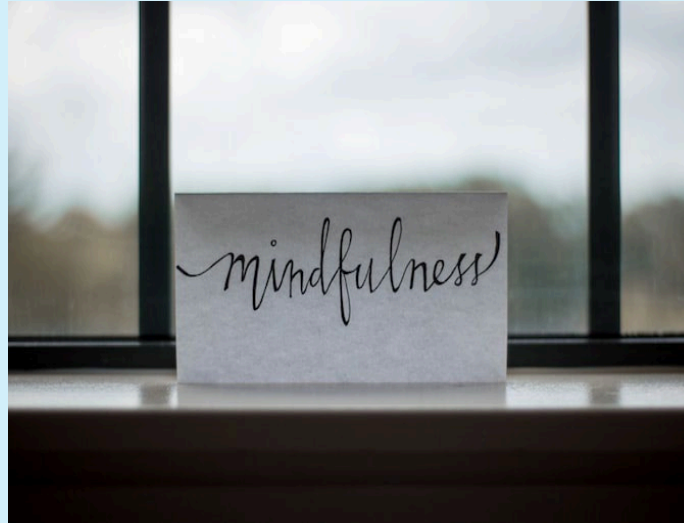
Fentanyl misuse affects individuals, families, and communities, leading to devastating consequences.

Opioid Epidemic Overview



Scope of the Crisis

The opioid epidemic in the United States has been exacerbated by the rise of fentanyl-related overdoses.



Public Health Impact

Fentanyl contributes to a high number of opioid-related deaths and emergency room visits.



Challenges in Addressing the Crisis

The potency and availability of fentanyl present unique challenges in combating the opioid epidemic.



Fentanyl and Overdose Risks

Lethal Dangers

Fentanyl's potency increases the risk of fatal overdoses, especially when mixed with other substances.

First Responders' Challenges

First responders face increased risks when encountering fentanyl-related emergencies due to its potency.

Community Awareness

Educating the public about the risks of fentanyl and overdose prevention is crucial in addressing the crisis.



Disassociative Anagelics

Definition and Types

01

Definition of Disassociative Anagelics

Disassociative anagelics are a class of psychoactive substances that induce a state of disconnection from reality, altering perception, and producing feelings of detachment.

02

Common Types

Examples of disassociative anagelics include ketamine, phencyclidine (PCP), and dextromethorphan (DXM).

03

Effects on Perception

These substances can cause hallucinations, distortions of time and space, and a sense of being disconnected from the body.



Medical and Recreational Use

Medical Applications

Disassociative anagelics are used in anesthesia and pain management due to their ability to induce a trance-like state and alleviate pain.

Recreational Use

Some individuals use these substances for recreational purposes, seeking altered states of consciousness and euphoria.

Risks and Dangers

Misuse of disassociative anagelics can lead to psychological dependence, cognitive impairment, and adverse health effects.

Impact on Brain Function



Neurotransmitter Modulation

Disassociative anagelics affect neurotransmitter systems, leading to altered perception and cognitive function.



Neuroplasticity

Prolonged use of these substances may impact brain plasticity and cognitive flexibility.



Psychological States

The substances can induce states of depersonalization and derealization, altering the individual's sense of self and reality.

Cognitive and Emotional Impact

01

Cognitive Impairment

Prolonged use of dissociative anesthetics may lead to cognitive deficits, affecting memory, attention, and executive function.

02

Emotional Regulation

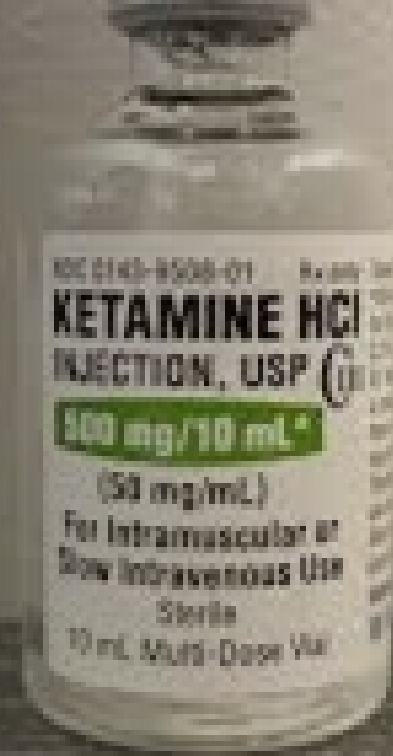
The substances can influence emotional processing, potentially exacerbating or alleviating mood disorders.

03

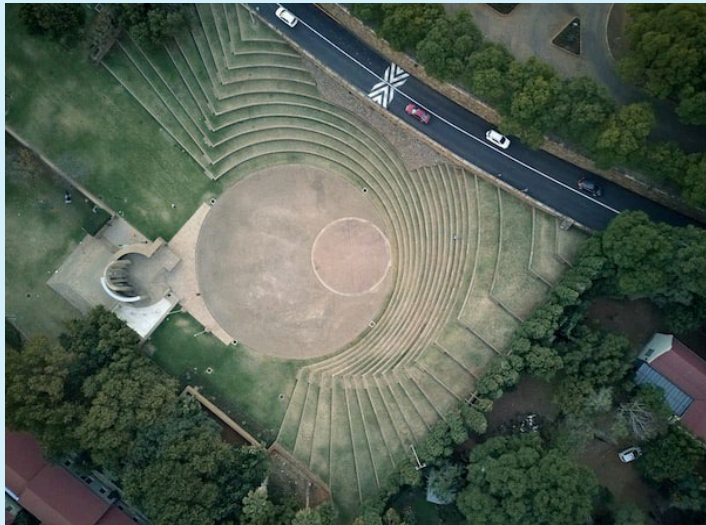
Long-Term Psychological Effects

Understanding the long-term impact on psychological well-being is crucial for assessing the overall risks and benefits.

Ketamine



What is Ketamine?



Anesthetic and Analgesic

Ketamine is a dissociative anesthetic used for anesthesia induction and pain management in medical settings.



Hallucinogenic Effects

The drug can cause hallucinations and distortions in sight and sound, leading to a disconnected feeling.



Approved Medical Uses

Ketamine is used in human and veterinary medicine for its anesthetic properties.

Ketamine

01

Anesthetic Properties

Ketamine is used in medical settings for anesthesia and pain control.

02

Recreational Use

Illicitly, ketamine is abused for its dissociative and hallucinogenic effects.

03

Health Concerns

Misuse can lead to cognitive impairment, addiction, and bladder issues.

Mechanism of Action

NMDA Receptor Antagonist

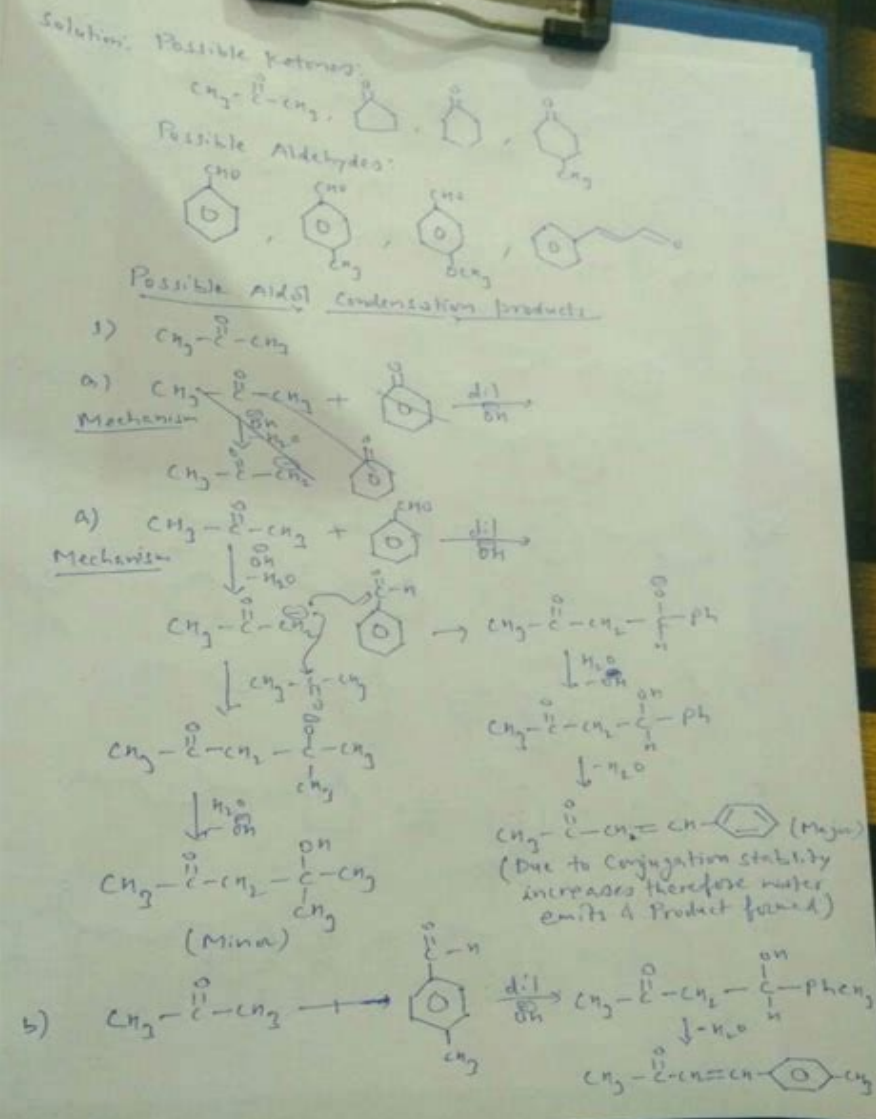
Ketamine on blocking brain receptors leading to its dissociative and anesthetic effects.

Rapid Onset

It has a quick onset of action, making it suitable for emergency medical procedures and acute pain management.

Potential for Abuse

The drug's rapid action and dissociative effects contribute to its potential for misuse and addiction.



Therapeutic Uses

01

Treatment-Resistant Depression

Ketamine has shown promise in treating depression, particularly in individuals who do not respond to traditional antidepressants.

02

Pain Management

It is used for managing chronic pain conditions, such as complex regional pain syndrome (CRPS) and neuropathic pain.

03

Research on Suicidal Ideation

Studies have explored ketamine's potential in rapidly reducing suicidal thoughts in individuals with severe depression.

Ketamine Abuse Symptoms

01

Physical Symptoms

Ketamine abuse may lead to impaired motor function, high blood pressure, and respiratory issues.

02

Psychological Effects

Users may experience hallucinations, delirium, and dissociation from reality.

03

Behavioral Signs

Ketamine abuse can result in erratic behavior, social withdrawal, and neglect of responsibilities.



Addressing Illicit Substance Abuse

Education and Awareness

01

Preventive Education

Informing the public about the risks and consequences of illicit drug use.

02

Youth Outreach

Targeted programs to educate and engage young people in substance abuse prevention.

03

Stigma Reduction

Promoting understanding and empathy towards individuals struggling with addiction.

Treatment and Recovery

01

Integrated Care

Holistic treatment approaches addressing physical, mental, and social aspects of addiction.

02

Therapeutic Interventions

Behavioral therapies and counseling to support recovery and relapse prevention.

03

Support Networks

Building strong support systems for individuals in recovery and their families.

Policy and Advocacy

01

Legislative Reforms

Advocating for evidence-based drug policies and criminal justice reforms.

02

Harm Reduction Advocacy

Supporting harm reduction initiatives and access to overdose prevention tools.

03

Community Empowerment

Engaging communities in advocacy efforts to address substance abuse.

Public Health Collaboration

01

Intersectoral Collaboration

Coordinated efforts among healthcare, law enforcement, and social services.

02

Research and Innovation

Investing in research to develop effective prevention and treatment strategies.

03

Global Cooperation

Addressing illicit substance abuse as a global public health challenge through international collaboration.

Questions????